



Cast Your Cares

PRAYER GUIDE

Leave all your worries with him, because he cares for you.

1 Peter 5:7

How are you feeling today? Let God's Word inspire you to pour your heart out to him. Reflect on these verses of Scripture. Respond by bringing your dreams, petitions, and burdens to the Lord. God invites his children to call upon him in prayer. And he desires to reveal himself to you in the middle of your need today.

Feeling stressed?

Don't worry about anything, but in all your prayers ask God for what you need, always asking him with a thankful heart.

Philippians 4:6

Feeling afraid?

"Do not be afraid—I am with you! I am your God—let nothing terrify you! I will make you strong and help you; I will protect you and save you."

Isaiah 41:10



Feeling overwhelmed?

“Peace is what I leave with you; it is my own peace that I give you. I do not give it as the world does. Do not be worried and upset, do not be afraid.”

John 14:27

Feeling disconnected from God?

For I am certain that nothing can separate us from his love.

Romans 8:38a

Feeling discouraged?

The LORD is near to those who are discouraged; he saves those who have lost all hope.

Psalm 34:18

Feeling unloved?

But God has shown how much he loves us—it was while we were still sinners that Christ died for us!

Romans 5:8

Feeling broken-hearted?

He heals the broken-hearted and bandages their wounds.

Psalm 147:3

Feeling like God is silent?

I wait patiently for God to save me; I depend on him alone.

Psalm 62:1

Making hard choices?

But if any of you lack wisdom, you should pray to God, who will give it to you; because God gives generously and graciously to all.

James 1:5

Facing injustice?

The LORD will not abandon his people; he will not desert those who belong to him.

Psalm 94:14

Facing conflict?

If someone has done you wrong, do not repay him with a wrong. Try to do what everyone considers to be good. Do everything possible on your part to live in peace with everybody.

Romans 12:17-18

Struggling financially?

And with all his abundant wealth through Christ Jesus, my God will supply all your needs.

Philippians 4:19



Struggling with sickness?

*LORD, heal me and I will be completely well; rescue me and I will be perfectly safe.
You are the one I praise!*

Jeremiah 17:14

Struggling with loss?

“Happy are those who mourn; God will comfort them!”

Matthew 5:4

Needing courage?

“Remember that I have commanded you to be determined and confident! Do not be afraid or discouraged, for I, the LORD your God, am with you wherever you go.”

Joshua 1:9

Needing hope?

May God, the source of hope, fill you with all joy and peace by means of your faith in him, so that your hope will continue to grow by the power of the Holy Spirit.

Romans 15:13

Needing direction?

The LORD says, “I will teach you the way you should go; I will instruct you and advise you.”

Psalms 32:8
